



SUPPLEMENTARY INFORMATION

Determining the content of toxic elements (Pb, Cd, and As) in herbal plants collected from different sites in northern Vietnam

Table S1. Collected locations of analytical herbal plants in various provinces in Vietnam

Nr	Herbal plants	Samples	Location
1	<i>Artemisia vulgaris</i> L.	AVL1	21°41'43.70"N 106° 4'26.59"E
2		AVL2	21° 7'13.65"N 106°34'37.08"E
3		AVL3	21° 6'21.44"N 106°35'40.25"E
4		AVL4	21° 6'25.11"N 106°35'4.22"E
5		AVL5	20°36'0.77"N 105°17'1.55"E
6		AVL6	22°27'16.57"N 105°44'33.02"E
7		AVL7	21°26'11.61"N 105°54'13.16"E
8		AVL8	21°56'6.71"N 105°48'1.09"E
9		AVL9	21°28'37.77"N 105°53'38.18"E
10		AVL10	21°11'12.77"N 106° 0'58.60"E
11		AVL11	21°12'18.51"N 106° 2'7.94"E
12		AVL12	21°36'20.67"N 105°48'48.52"E
13	<i>Plantago asiatica</i> L.	PAL1	21°41'18.58"N 106° 4'51.75"E
14		PAL2	21°35'47.60"N 105°49'45.51"E
15		PAL3	21°26'50.67"N 106° 2'4.66"E
16		PAL4	20°42'12.10"N 106°29'43.71"E
17		PAL5	20°49'5.60"N 106°34'20.81"E
18		PAL6	20°39'21.87"N 106°26'1.64"E
19		PAL7	21° 0'20.04"N 106°33'1.12"E
20		PAL8	20° 8'23.45"N 106° 2'37.05"E
21	<i>Wedelia chinensis</i> (Osbeck) Merr	WCM1	21°12'13.14"N 106° 0'9.13"E
22		WCM2	21°12'7.82"N 105°58'32.38"E
23		WCM3	21°11'42.28"N 105°59'38.89"E
24		WCM4	21°12'36.07"N 106° 1'2.35"E
25		WCM5	21°12'47.91"N 106° 1'2.64"E
26		WCM6	21°12'8.84"N 105°57'49.51"E
27		WCM7	21°33'46.07"N 105°49'42.47"E
28		WCM8	21°40'36.96"N 105°50'51.46"E
29		WCM9	21°41'46.73"N 106° 4'20.92"E
30		WCM10	21°36'25.76"N 105°49'33.18"E
31		WCM11	21°26'55.51"N 106° 2'2.26"E
32		WCM12	21° 7'10.59"N 106°34'36.14"E
33		WCM13	21° 6'20.64"N 106°35'40.25"E
34		WCM14	21° 6'26.13"N 106°35'4.22"E
35		WCM15	21°56'5.73"N 105°47'59.81"E
36	<i>Eleusine indica</i> L.	EI1	21°09'29.9"N 106°07'49.1"E
37		EI2	21°11'58.6"N 105°59'03.8"E
38		EI3	21°02'52.3"N 106°03'30.1"E
39		EI4	21°02'14.5"N 106°03'30.5"E
40		EI5	21°03'34.5"N 106°06'19.2"E
41		EI6	21°03'49.7"N 106°05'12.5"E
42		EI7	20°49'22.4"N 106°33'32.7"E
43		EI8	20°50'24.0"N 106°44'19.0"E
44		EI9	20°48'45.7"N 106°45'09.5"E
45		EI10	20°51'39.3"N 106°43'02.2"E
46		EI11	20°51'23.1"N 106°42'25.7"E
47		EI12	21°37'43.10"N 105°53'58.18"E
48		EI13	21°41'18.58"N 106° 4'51.75"E

Nr	Herbal plants	Samples	Location	
49		EI14	21°35'47.60"N	105°49'45.51"E
50		EI15	21°26'50.67"N	106° 2'4.66"E
51		PUL1	21°11'43.93"N	105°59'33.30"E
52		PUL2	21°12'4.75"N	106° 0'30.68"E
53		PUL3	20°42'12.10"N	106°29'43.71"E
54	<i>Phyllanthus urinaria</i> L.	PUL4	20°49'5.60"N	106°34'20.81"E
55		PUL5	20°39'21.87"N	106°26'1.64"E
56		PUL6	21° 0'20.04"N	106°33'1.12"E
57		PUL7	20° 8'23.45"N	106° 2'37.05"E
58		PUL8	21°37'43.10"N	105°53'58.18"E

Table S2. The operating parameters of ICP-MS Agilent 7900 for detecting Pb, Cd, As in herbal samples

Operating conditions of ICP-MS Agilent 7900

High-Frequency Power (w)	~1600
Sampling depth (mm)	~10
Carrier gas flow rate (L/min)	~0,7
Auxiliary gas flow rate (L/min)	~0,3
Peristaltic nebulizer (concentric glass)	MicroMist
Spray chamber temperature (°C)	2
Helium gas flow rate (mL/min)	~4,3
Hydrogen gas flow rate (mL/min)	~4,2
Peristaltic pump speed	0,1 (0,5 mL/min)
Internal standard	¹¹⁵ In
Isotopes	²⁰⁸ Pb, ¹¹¹ Cd, ⁷⁵ As

Table S3: Concentration of Pb, Cd, As in the five investigated herbal plants determined by ICP_MS

Samples	Pb Mean	Pb SD	Cd Mean	Cd SD	As Mean	As SD
AVL1	1.354	0.142	0.324	0.021	0.336	0.024
AVL2	0.613	0.091	0.183	0.068	0.361	0.032
AVL3	0.870	0.102	0.068	0.065	0.381	0.050
AVL4	0.247	0.021	0.105	0.031	0.378	0.021
AVL5	0.509	0.081	0.108	0.011	0.435	0.023
AVL6	0.977	0.092	0.205	0.040	0.149	0.028
AVL7	2.924	0.059	0.209	0.021	0.463	0.031
AVL8	3.294	0.081	0.171	0.023	0.309	0.045
AVL9	2.872	0.085	0.244	0.011	0.180	0.032
AVL10	1.390	0.071	0.106	0.032	0.199	0.021
AVL11	1.621	0.102	0.389	0.021	0.498	0.012
AVL12	1.021	0.110	0.234	0.041	0.421	0.019
Min	0.247		0.068		0.149	
Max	3.294		0.389		0.498	
Mean	1.474		0.196		0.343	
SD	1.018		0.095		0.114	
PAL1	6.181	1.041	0.063	0.012	1.522	0.109
PAL2	8.312	0.024	0.078	0.005	1.255	0.005
PAL3	4.996	0.316	0.117	0.001	1.802	0.018
PAL4	8.583	0.127	0.191	0.006	2.119	0.017
PAL5	4.087	0.042	< LOD	-	1.819	0.029
PAL6	5.532	0.010	< LOD	-	1.573	0.016
PAL7	4.931	0.036	< LOD	-	1.514	0.022
PAL8	4.686	0.060	< LOD	-	1.418	0.013
Min	4.087		< LOD		1.255	
Max	8.583		0.191		2.119	
Mean	5.913		0.112		1.628	

SD	1.679	0.057		0.272	
WCM1	0.580	0.142	0.161	0.021	nd
WCM2	0.890	0.091	0.139	0.068	nd
WCM3	0.762	0.102	0.188	0.065	nd
WCM4	0.481	0.210	0.178	0.031	nd
WCM5	0.519	0.081	0.171	0.011	nd
WCM6	0.680	0.092	0.206	0.040	nd
WCM7	1.116	0.059	0.209	0.021	nd
WCM8	1.426	0.081	0.270	0.023	nd
WCM9	1.081	0.085	0.303	0.011	nd
WCM10	0.780	0.071	0.211	0.032	nd
WCM11	1.290	0.102	0.125	0.021	nd
WCM12	1.102	0.110	0.242	0.041	nd
WCM13	1.126	0.058	0.241	0.021	nd
WCM14	1.628	0.094	0.297	0.025	nd
WCM15	1.191	0.098	0.340	0.053	nd
Min	0.481		0.125		
Max	1.628		0.340		
Mean	0.977		0.219		
SD	0.341		0.063		
EI1	1.390	0.068	0.032	0.012	0.162
EI2	0.670	0.052	0.035	0.009	0.165
EI3	0.720	0.045	0.062	0.010	0.249
EI4	1.120	0.125	0.024	0.008	0.103
EI5	0.550	0.230	0.024	0.002	0.283
EI6	0.440	0.041	0.016	0.006	0.280
EI7	1.170	0.049	0.057	0.008	0.199
EI8	1.050	0.093	0.040	0.005	0.267
EI9	1.430	0.074	0.053	0.004	0.088
EI10	0.520	0.053	0.030	0.005	0.199
EI11	0.690	0.049	0.036	0.007	0.179
EI12	1.210	0.154	0.042	0.001	0.144
EI13	0.550	0.052	0.041	0.002	0.262
EI14	0.465	0.038	0.036	0.004	0.040
EI15	0.471	0.021	0.078	0.006	0.113
Min	0.440		0.016		0.040
Max	1.430		0.078		0.283
Mean	0.830		0.040		0.182
SD	0.358		0.016		0.076
PUL1	32.080	1.689	0.501	0.010	0.247
PUL2	17.433	0.336	0.470	0.010	0.321
PUL3	8.965	0.122	1.099	0.015	0.503
PUL4	10.833	0.142	1.014	0.013	0.021
PUL5	12.358	0.550	0.249	0.008	0.231
PUL6	7.153	0.102	0.236	0.077	0.277
PUL7	8.499	0.059	0.166	0.008	0.312
PUL8	9.818	0.104	0.167	0.004	0.450
Min	7.153		0.166		0.021
Max	32.080		1.099		0.503
Mean	13.392		0.488		0.295
SD	8.180		0.374		0.146

nd: not detected; unit: mg kg⁻¹; n = 3.

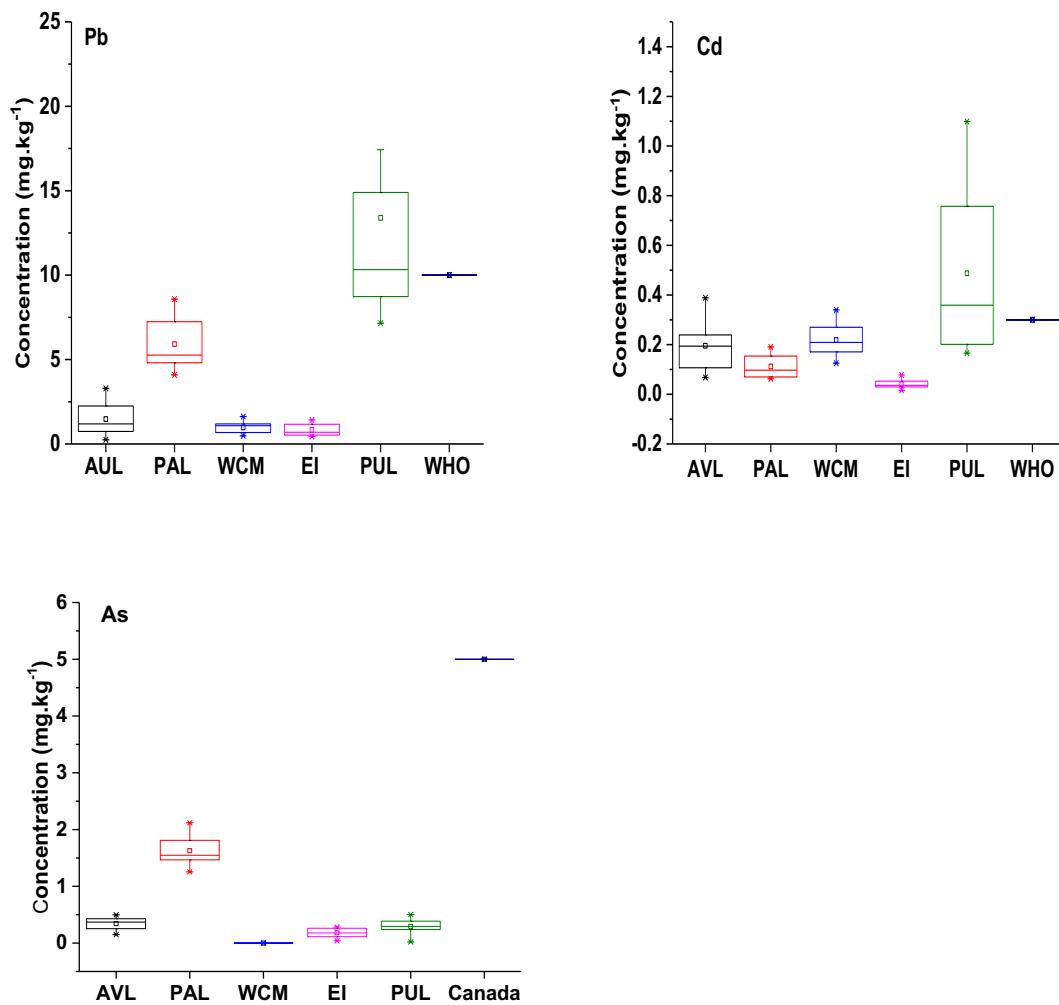


Figure S1. The concentration of Pb, Cd, As in the five selected plants in comparison with the permissible limit set by WHO and Canada (AIL: *Artemisia vulgaris* L.; PAL: *Plantago Asiatica* L.; WCM: *Wedelia Chinensis (Osbeck)* Merr; EI: *Eleusine indica* L.; PUL: *Phyllanthus Urinaria* L.; WHO: the limit standard set by the World Health Organization; Canada: national standard of Canada)